

**RELiZORB<sup>®</sup>**   
(IMMOBILIZED LIPASE) CARTRIDGE

# Patient Guide



[www.relizorb.com](http://www.relizorb.com)

RELiZORB is indicated for use in pediatric (including neonates and infants) and adult patients to hydrolyze fats during enteral feeding.

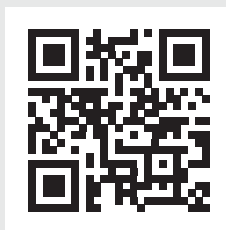
RELiZORB should only be used as directed by your physician.

Please see **Instructions for Use** at [www.relizorb.com](http://www.relizorb.com)

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## Glossary of Terms

**Bolus feeding:** A type of feeding that can be used to deliver enteral nutrition through a feeding tube. Bolus feeding is intended to be provided as a replacement for snacks or meals and is completed in a short time, usually approximately 15-30 minutes, and can be administered with an enteral pump (at an increased flow rate) or using an enteral syringe.

**Continuous feeding:** A type of enteral feeding that can be used to deliver enteral nutrition through a feeding tube. Continuous feeding is administered with an enteral pump and is completed over several hours or up to a full day.

**Digest (digesting; digestion):** Breaking down food so it can be used (absorbed) by the body.

**Digestive enzyme (enzyme):** Substance made by the body that breaks down food so it can be absorbed.

**ENFit®:** ENFit is a standard connector designed for use in enteral feeding. Many enteral feeding supplies including pump sets, syringes, tubing, and patient extension sets have ENFit inlets and outlets designed to connect with a gentle twisting motion.

**Enteral feeding pump set:** Enteral feeding supply set that includes feeding tube and feeding tube bag. An enteral feeding pump set is threaded through the enteral pump and connects to the inlet of RELiZORB.

**Enteral nutrition:** Nutrition provided through a feeding tube. Enteral nutrition can include tube feeding formulas and human milk.

**Enteral syringe:** A type of syringe designed specifically for delivering enteral nutrition through a feeding tube. An enteral syringe has an ENFit connector outlet that is compatible with ENFit enteral feeding supplies.

## Glossary of Terms

**Enteral tube feeding:** A way to provide food through a tube placed in the nose, stomach or small intestine. The enteral feeding tube can be a G (gastrostomy) or J (jejunostomy) tube that is surgically placed in the patient's body.

**Fats:** A type of nutrient in food. The body uses fat as an energy source (calories).

**Fatty acids; monoglycerides:** The forms of fat that the body can absorb and use for energy and other health benefits/functions.

**Fat hydrolysis:** The breakdown of fats (triglycerides) into forms that the body can absorb.

**iLipase®:** The combination of the lipase enzyme bound to the white beads in RELiZORB.

**Lipase:** A digestive enzyme that breaks down fats into absorbable fatty acids and monoglycerides.

**Patient caregiver:** Parent, relative, family member or friend responsible for assisting patient with use of RELiZORB.

**Patient extension set (enteral feeding set):** The tubing that connects the RELiZORB outlet to the enteral feeding port (low-profile button) on the patient's body.

**Transition connector (or stepped connector or adapter):** A device that is used for connecting enteral feeding sets (with ENFit connectors) to legacy (non-ENFit) feeding tubes and extension sets.

## Introduction

Your doctor believes you or a patient you provide care for may need help breaking down (hydrolyzing) fats from your enteral nutrition.

Read through this RELIZORB Patient Guide completely before you or a person you care for starts using RELIZORB. Reread the RELIZORB Patient Guide each time you get a new supply of RELIZORB in case there is new information in the guide.

Use RELIZORB as directed by your doctor or healthcare provider. Do not make changes to the feeding care plan for you or a patient you provide care for without first speaking with your doctor or healthcare provider.

### Indications for Use

RELIZORB is indicated for use in pediatric (including neonates and infants) and adult patients to hydrolyze fats during enteral feeding.

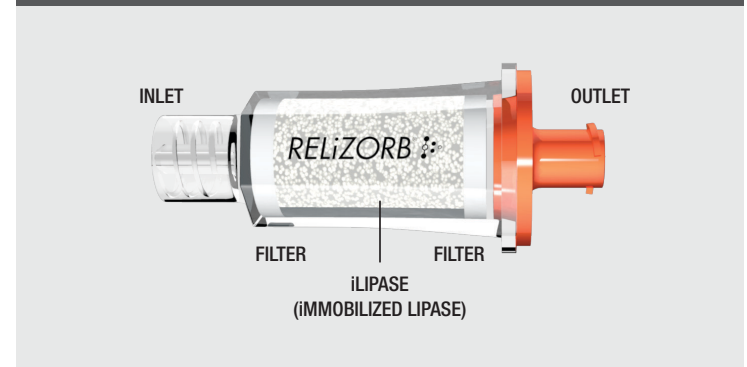
RELIZORB is designed for use by people who have trouble breaking down (digesting) fats and need enteral tube feeding. People who may benefit from RELIZORB cannot properly make digestive enzymes or may not be able to efficiently hydrolyze and absorb fats from nutrition. If fats are not broken down, you can have stomach pain, gas, oily or foul-smelling stools, an unusually full feeling in the stomach or feel like throwing up. Fats that are not broken down (digested) could result in getting fewer calories, weight loss, shortage of key fats (omega-3 fats), and lower levels of some vitamins.

### Contraindications

There are no contraindications associated with RELIZORB.

## Device Description

Figure 1: RELIZORB and its major components



RELIZORB is a digestive enzyme cartridge that contains the enzyme lipase. RELIZORB is used with enteral tube feeding to help break down the fats in enteral nutrition. Lipase is an enzyme that is normally made in the body to break down (digest) fats into an absorbable form (fatty acids and monoglycerides). RELIZORB uses the enzyme lipase bound to white beads inside the cartridge, called iLipase, which is visible through the sides of the cartridge. The RELIZORB cartridge is shown in **Figure 1**.

A detailed listing of nutrition and enteral feeding supplies compatible with RELIZORB can be found at [www.relizorb.com/compatibility](http://www.relizorb.com/compatibility).

## Warnings and Cautions

### **WARNINGS: Using RELIZORB other than as directed may result in RELIZORB not working properly or may cause serious injury.**

- RELIZORB is for use with enteral tube feeding only.
- DO NOT connect RELIZORB to IV (intravenous) or other non-enteral tubes or lines. RELIZORB is ONLY for use with enteral tube feeding.
- DO NOT place medicines, flushes, or non-enteral materials through the RELIZORB device. RELIZORB is for use with enteral nutrition only. Passing medicines through RELIZORB may change how the medicine works or how RELIZORB breaks down fats. If medicines or flush solutions are accidentally added before RELIZORB, then the RELIZORB cartridge must be thrown away. Restart feeding using a new RELIZORB. Medicines may only be added to the tube feeding line after RELIZORB, do not administer medications through the same port that connects directly to RELIZORB. Medicines may be added to the side port of a Y-connector extension set located between RELIZORB and the patient using an appropriately sized syringe.

### **CAUTIONS: Using RELIZORB other than as directed may result in RELIZORB not working properly.**

- Do not reuse RELIZORB. Each RELIZORB should only be used once. At the end of the feeding, throw away RELIZORB. RELIZORB may not break down fats properly or could cause potential microbial contamination if reused.
- Do not break or place excess pressure on any part of RELIZORB. Any cracks or breaks may cause RELIZORB to not connect properly to enteral feeding supplies and may lead to leaking.
- Enteral nutrition administered through RELIZORB is for immediate consumption through an enteral feeding tube. RELIZORB should not be used to process enteral nutrition for later use. This has not been tested and may result in safety issues.

## Warnings and Cautions

- A detailed listing of enteral nutrition compatible with RELIZORB can be found at [www.relizorb.com/compatibility](http://www.relizorb.com/compatibility). The enteral nutrition included in this guide have been evaluated for compatibility with RELIZORB. Compatibility of RELIZORB has not been established in formulas not listed or at rates listed as not recommended.
- Do not use blenderized tube feeding formulas with RELIZORB as this may clog the cartridge.
- Powdered formulas should be mixed periodically during feedings.
- If using RELIZORB with an enteral feeding pump, you should use a pump with a low flow/no flow alarm. If you use a pump system without a low flow/no flow alarm, you may not notice if the flow of the feeding slows down or stops.
- Patients less than 1 year old may be particularly vulnerable to unplanned interruptions of feeding.
- **For neonates and infants 6 months of age and younger, do not use more than 2 RELIZORB cartridges in a day.**
- **For infants, pediatric and adult patients greater than 6 months of age, do not use more than 6 RELIZORB cartridges in a day.**
- For all feedings, follow guidance from your doctor on how long it should take you to complete your feeding.
- RELIZORB has been tested for up to a 1-hour stop during a continuous feeding and shown not to change flow rate or how well RELIZORB breaks down fat.
- Store RELIZORB in its pouch either refrigerated or at room temperature (2°C to 27°C; 36°F to 80°F) until you are ready to use it. Storing RELIZORB in a hot place (greater than 27°C or 80°F) may affect how well RELIZORB breaks down fat.
- Do not use RELIZORB after the “use by” date marked on the pouch. If RELIZORB is used after the “use by” date, RELIZORB may not break down fats as well.

## Risks and Benefits

### Risks

In clinical studies with RELiZORB, the most common complaints were stomach related symptoms that are typical in people who have trouble breaking down fats and need enteral tube feeding. The most commonly reported symptoms were stomach pain and gas.

### Benefits

RELiZORB helps break down fats in enteral nutrition before it goes into the body, allowing the fats in the enteral nutrition to enter your body in an absorbable form. In clinical studies, RELiZORB was shown to increase the amount of fat that the body absorbs from enteral nutrition, including omega-3 fats, which are key fatty acids that provide energy and are important for normal development and growth. RELiZORB may help reduce gastrointestinal (GI) symptoms associated with fat malabsorption.



## Operating Information

RELiZORB has ENFit compatible connectors on both ends to connect to enteral feeding supplies, including enteral feeding pumps, enteral syringes, and patient extension sets. More details on RELiZORB setup for continuous and bolus feeding are provided beginning on page 13. RELiZORB can also be used with tubing and patient extension sets that use a stepped connector (not ENFit compatible).

For a complete list of compatible enteral nutrition and enteral feeding supplies, visit [www.relizorb.com/compatibility](http://www.relizorb.com/compatibility).

RELiZORB is designed to hydrolyze (break down) the fats in your enteral nutrition. Enteral nutrition does not contain pre-hydrolyzed fats (fats that are broken down), because fats that are broken down into their absorbable form are not stable and spoil quickly. RELiZORB uses the enzyme lipase bound to white beads inside the cartridge, called iLipase. As enteral nutrition passes through RELiZORB, it makes contact with the iLipase and the fat in the enteral nutrition is broken down to its absorbable form (fatty acids and monoglycerides). The iLipase stays inside RELiZORB as the enteral nutrition flows through the cartridge. As a result, you do not consume (or ingest) the lipase. You or the person you care for consumes (or ingests) the nutrition with the absorbable fats that the lipase has broken down.

### Storage

Store RELiZORB in its pouch either refrigerated or at room temperature (2°C to 27°C; 36°F to 80°F) until you are ready to use it. Storing RELiZORB in a hot place (greater than 27°C or 80°F) may affect how well RELiZORB breaks down fat.

### Disassembly and Disposal

When feeding is complete, disconnect the RELiZORB from the enteral feeding supplies.





Throw away the RELiZORB after use in your trash.

## RELiZORB Product Use

For neonates and infants 6 months of age or younger, up to 2 RELiZORBs can be used per day.

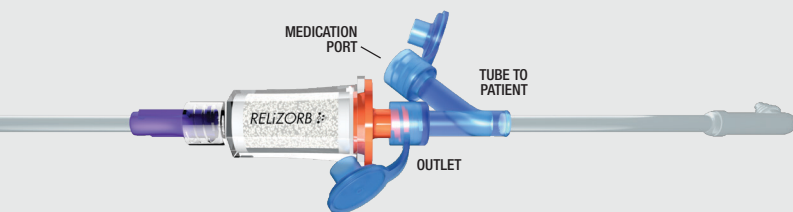
For infants, pediatric and adult patients greater than 6 months of age, up to 6 RELiZORBs can be used per day.

RELiZORB has been evaluated with the specifications and flow rates listed below:

Feeding with an Enteral Pump*		
	Single RELiZORB 	Tandem RELiZORB 
Enteral Nutrition Volume	Up to 500 mL	500-1000 mL
Enteral Pump Flow Rate	10-400 mL/hr	24-150 mL/hr
Manual Bolus Feeding with an Enteral Syringe		
	Single RELiZORB for enteral syringe push 	Single RELiZORB for enteral syringe gravity 
Enteral Nutrition Volume	Up to 250 mL	Up to 250 mL

\*For continuous feeding, do not exceed use for more than 24 hours in either single or tandem configuration.

**WARNING:** DO NOT place medicines, flushes, or non-enteral nutrition materials through RELiZORB. RELiZORB is for use with enteral nutrition only. Medicines, flushes or any other non-enteral liquids may be added through the side port of a y-connector extension set after RELiZORB. Do not administer medication, flushes or other non-enteral nutrition through the same connector that connects directly to RELiZORB. Medicines must be added after RELiZORB, between the RELiZORB and the patient.



## RELiZORB Setup Instructions

There are 4 different setup procedures depending on the feeding administration mode, enteral nutrition type, and feeding volume:

- A** Enteral feeding with pump for up to 500 mL using 1 single RELiZORB cartridge (pages 14-15)
- B** Enteral feeding with pump for greater than 500 mL and up to 1000 mL using tandem RELiZORB configuration (pages 16-17)
- C** Bolus feeding with RELiZORB by syringe push for up to 250 mL using 1 single RELiZORB cartridge (pages 18-19)
- D** Bolus feeding with RELiZORB by gravity using enteral syringe for up to 250 mL using 1 single RELiZORB cartridge (pages 20-23)

For information on specific enteral nutrition type and use conditions, visit [www.relizorb.com/compatibility](http://www.relizorb.com/compatibility).

**IMPORTANT:** When connecting RELiZORB to enteral feeding supplies or another RELiZORB, gently twist, do not overtighten. It usually needs just a quarter-turn to be secure. Avoid getting enteral nutrition in the ENFit connections.

**Note:** Ensure all inlet and outlet connectors on RELiZORB and enteral feeding supplies are clean and dry prior to making connections.

When setting up RELiZORB, remove RELiZORB from its carton. Examine the RELiZORB pouch. **Do not use RELiZORB if the pouch seal is broken, or the current date is past the expiration date shown on the pouch.**

When opening the RELiZORB pouch, tear the pouch open from either end and remove the RELiZORB from its pouch. **Do not use RELiZORB if RELiZORB is damaged or RELiZORB has been previously used.**

## Feeding with an Enteral Pump

A

Enteral feeding with pump for up to 500 mL using 1 single RELIZORB cartridge

- 1 Open RELIZORB as described on page 13.
- 2 Set up the enteral pump and feeding tube set according to the pump manufacturer's instructions.
- 3 Connect RELIZORB to the end of the enteral feeding tube set by inserting the outlet fitting from the tube set into the clear inlet of RELIZORB. Use a gentle twisting motion until the connection is tight, as shown in **Figure 2**. **Note:** Ensure all inlet and outlet connectors on RELIZORB and enteral feeding supplies are clean and dry prior to making connections. Do not apply excessive force. Gently twist to secure.

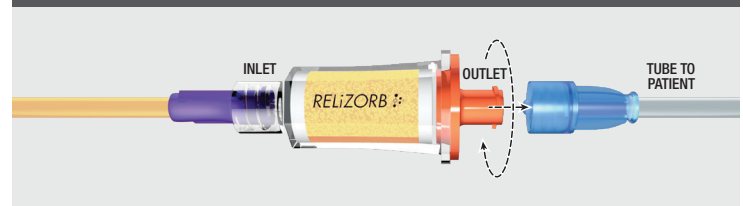
Figure 2: Securing RELIZORB inlet to outlet fitting from pump tubing



- 4 Prime the enteral nutrition through the tube set according to the pump manufacturer's instructions.

- 5 Manually prime the enteral nutrition through RELIZORB up to the outlet by holding the prime button on the enteral feeding pump. **Note:** Ensure enteral nutrition does not come out of the RELIZORB outlet. If enteral nutrition spills out, wipe away excess with a damp cloth or gauze and dry.
- 6 Connect the RELIZORB outlet to the inlet of the patient extension set or feeding tube that connects to the patient, as shown in **Figure 3**. **Note:** Ensure the patient extension set connectors are clean and free from any enteral nutrition residue. Residue in connections can harden causing difficulty disconnecting.

Figure 3: Connecting RELIZORB outlet to inlet fitting of patient extension set or enteral feeding tube that connects to patient



- 7 If a patient extension set is being used, follow the pump manufacturer's instructions to prime the enteral nutrition to the end of the patient extension set. Connect the patient extension set to the enteral feeding port (button).
- 8 Set the pump to the prescribed flow rate between 10 and 400 mL/hr and proceed with feeding.

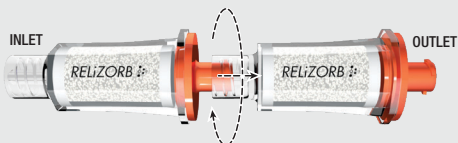
## Feeding with an Enteral Pump

### B

Enteral feeding with pump for greater than 500 mL and up to 1000 mL using tandem RELIZORB configuration

- 1 Open two RELIZORBs as described on page 13.
- 2 Connect the 2 RELIZORBs by inserting the orange outlet fitting from the first RELIZORB into the clear inlet of the second RELIZORB with a gentle twisting motion until secure as shown in **Figure 4**. **Note:** When connecting RELIZORB to another RELIZORB, gently twist, do not overtighten. It usually needs just a quarter-turn to be secure.

Figure 4: Connecting RELIZORB cartridges together to form a tandem RELIZORB



- 3 Set up the enteral pump and feeding tube set according to the pump manufacturer's instructions.
- 4 Connect tandem RELIZORB configuration to the end of the enteral feeding tube set by inserting the outlet fitting from the tube set into the clear inlet of the first RELIZORB. Use a gentle twisting motion until the connection is tight, as shown in **Figure 5**.

Figure 5: Securing tandem RELIZORB inlet to outlet fitting from pump tubing



- 5 Prime the enteral nutrition through the tube set according to the pump manufacturer's instructions.
- 6 Manually prime the enteral nutrition through the tandem RELIZORB configuration up to the outlet of the second RELIZORB by holding the prime button on the enteral feeding pump. **Note:** Ensure enteral nutrition does not come out of the RELIZORB outlet. If enteral nutrition spills out, wipe away excess with a damp cloth or gauze and dry.
- 7 Connect the RELIZORB outlet to the inlet of the patient extension set or feeding tube that connects to the patient, as shown in **Figure 6**. **Note:** Ensure the patient extension set and feeding tube connectors are clean and free from any enteral nutrition residue. Residue in connections can harden causing difficulty disconnecting.

Figure 6: Connecting tandem RELIZORB outlet to inlet fitting of tube that connects to patient



- 8 If a patient extension set is being used, follow the pump manufacturer's instructions to prime the enteral nutrition to the end of the patient extension set. Connect the patient extension set to the enteral feeding port (button).
- 9 Set the pump to the prescribed flow rate between 24 and 150 mL/hr and proceed with feeding.

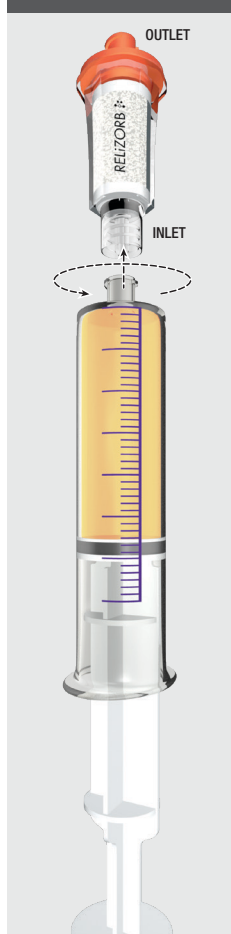
## Bolus Feeding with an Enteral Syringe

C

Bolus feeding with RELIZORB by syringe push for up to 250 mL using 1 single RELIZORB cartridge

- 1 Flush the feeding tube with water using an enteral syringe. Clamp the feeding tube and remove the enteral syringe.
- 2 Pour the prescribed amount of enteral nutrition into a clean container. **Note:** When using RELIZORB, approximately 2 mL of enteral nutrition stays in the RELIZORB during bolus feeding. Consult with your healthcare provider on the correct amount of enteral nutrition to use for bolus feeds.
- 3 Use the enteral syringe to draw the enteral nutrition up into the syringe. Wipe the outlet of the enteral syringe clean.
- 4 Open RELIZORB as described on page 13.
- 5 Connect the clear inlet of RELIZORB to the outlet of the enteral syringe using a gentle twisting motion until the connection is tight as shown in **Figure 7**.
- 6 Gently press the syringe plunger to prime the enteral nutrition through RELIZORB and push out excess air. **Note:** Ensure enteral nutrition does not come out of the RELIZORB outlet. If enteral nutrition spills out, wipe away excess.

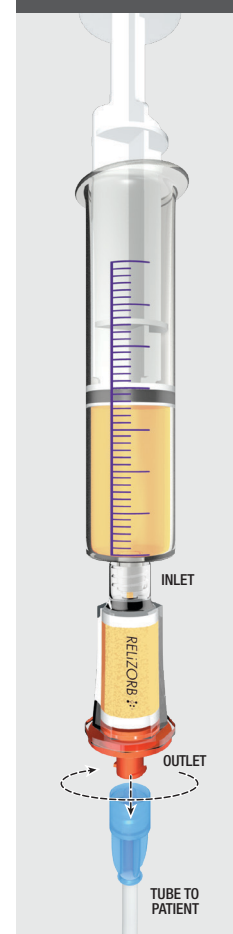
Figure 7: Enteral syringe filled with enteral nutrition facing upward attached to RELIZORB



- 7 Connect the orange outlet fitting of RELIZORB into the inlet fitting of the feeding tube set using a gentle twisting motion until the connection is tight as shown in **Figure 8**. If a patient extension set is being used, prime the enteral nutrition to the end of the patient extension set. Connect the patient extension set to the enteral feeding port (button).
- 8 Unclamp the feeding tube and gently push the plunger for the enteral nutrition to flow through the feeding tube. **Note:** Do not rush the feed. Consult with your healthcare provider on how long the bolus feeding should take.
- 9 Once the syringe is empty, clamp your feeding tube. If you need more enteral nutrition based on the prescribed feeding volume, remove the syringe, refill it with enteral nutrition, and repeat the process until you have reached your prescribed amount.

**Note:** You may also use a syringe pump by inserting the enteral syringe and RELIZORB configuration into a syringe pump for feeding.

Figure 8: Connecting RELIZORB outlet to inlet fitting of tube that connects to patient



## Bolus Feeding with an Enteral Syringe

### D Bolus feeding with RELIZORB by gravity using enteral syringe for up to 250 mL using 1 single RELIZORB cartridge

**Note:** It is recommended that a patient extension set with an adjustable clamp, such as a sliding adjustable clamp or a rolling adjustable clamp, is used for this setup to help control the flow of enteral nutrition. If this type of patient extension set is not available, an extension set with standard clamp can be used. Examples of these clamp types are shown below in **Figures 9-11**:

Figure 9:  
Sliding  
adjustable  
clamp



Figure 10:  
Rolling  
adjustable  
clamp



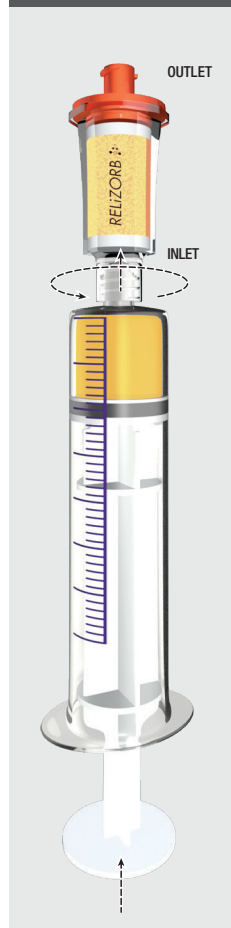
Figure 11:  
Standard  
clamp



**Gravity feeding with RELIZORB starts with a syringe push to prime the RELIZORB and tubing with enteral nutrition to start flowing.**

- 1 Pour the prescribed amount of enteral nutrition into a clean container. **Note:** When using RELIZORB, approximately 2 mL of enteral nutrition stays in the RELIZORB during bolus feeding. Consult with your healthcare provider on the correct amount of enteral nutrition to use for bolus feeds.

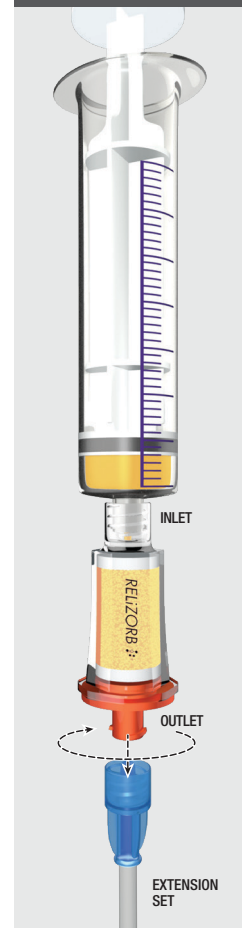
Figure 12: Priming  
enteral nutrition  
through RELIZORB



- 2 Use the enteral syringe to draw up a small amount of enteral nutrition that will allow for priming through RELIZORB (approximately 5 mL) plus additional volume to prime through the chosen extension set. Wipe the outlet of the enteral syringe clean.
- 3 Open RELIZORB as described on page 13.
- 4 Connect the clear inlet of RELIZORB to the outlet of the enteral syringe using a gentle twisting motion until the connection is tight.
- 5 Gently press the syringe plunger to prime the enteral nutrition through RELIZORB and push out excess air as shown in **Figure 12**. **Note:** Ensure enteral nutrition does not come out of the RELIZORB outlet. If enteral nutrition spills out, wipe away excess.
- 6 Connect the orange outlet fitting of RELIZORB into the inlet fitting of the extension set using a gentle twisting motion until the connection is tight as shown in **Figure 13**.

*Continued on next page.*

Figure 13: Connecting  
RELIZORB outlet  
to inlet fitting of  
tube that connects  
to patient



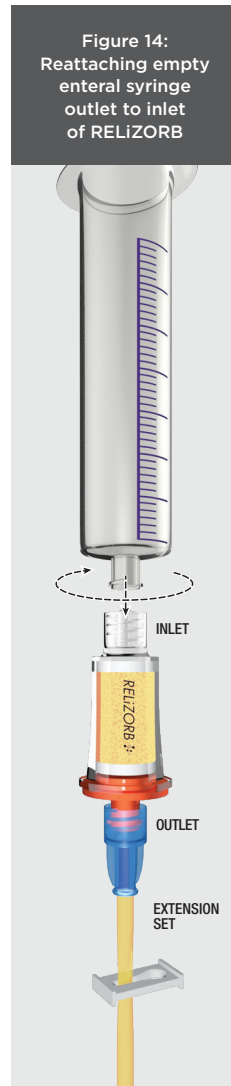
## Bolus Feeding with an Enteral Syringe

**D** Bolus feeding with RELIZORB by gravity using enteral syringe for up to 250 mL using 1 single RELIZORB cartridge

- 7 Gently push the enteral syringe plunger for the enteral nutrition to flow through RELIZORB and into the extension set until the syringe is empty.
- 8 Close the clamp on the extension set, then disconnect the enteral syringe from RELIZORB.

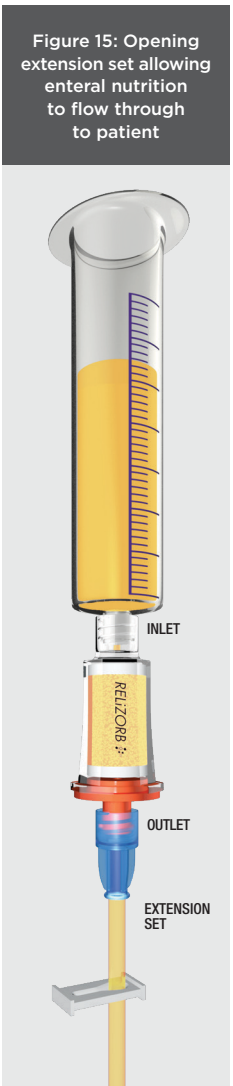
*Proceed with gravity feeding:*

- 9 Take the plunger out of the enteral syringe, then reattach the empty enteral syringe to the RELIZORB and extension set setup by inserting the outlet of the enteral syringe into the clear inlet fitting of RELIZORB using a gentle twisting motion until the connection is tight as shown in **Figure 14**.



- 10 Slowly pour the required amount of enteral nutrition into the syringe.
- 11 Hold the syringe at a comfortable height and unclamp or open the extension set allowing for enteral nutrition to flow through as shown in **Figure 15**. **Note:** If using an extension set with adjustable clamp, adjust to change the flow rate.
- 12 Continue to refill the top of the syringe with enteral nutrition to reach the prescribed feeding volume.

**Note:** To maintain flow through the cartridge, ensure that there is enteral nutrition in the enteral syringe until the full feeding has been delivered. If RELIZORB becomes empty, you may need to repeat the process to re-prime enteral nutrition through the cartridge.



# Troubleshooting

SYMPTOM	PROBABLE CAUSE(S)	CORRECTION(S)
Flow Error Alarm during enteral pump feeding	See pump instructions for probable cause	If none of the corrective actions offered by the pump instructions correct the Flow Error Alarm, remove the RELiZORB and replace it with a new RELiZORB
Leakage from RELiZORB connections	Improper connection of inlet or outlet fitting	Disconnect and re-connect RELiZORB with a twisting motion until secure. Confirm that the syringe and patient extension set/tubing are clean and dry prior to connecting and that they are connected properly <sup>1</sup>
Incomplete priming during enteral pump feeding	Auto prime may not pump enteral nutrition completely through the cartridge	Use manual prime to completely prime the RELiZORB and patient extension set
Enteral nutrition is not flowing through the device during syringe gravity feeding	Extension set flow restrictor (tube feeding clamp) is engaged or device and extension set should be re-primed	Ensure flow restrictor is not engaged. Or follow steps to re-prime RELiZORB device and extension set
Enteral nutrition flow is too slow during syringe gravity feeding	Incompatible enteral nutrition type or incomplete priming	Check compatibility guide, use compatible enteral nutrition type. Or follow steps to re-prime RELiZORB device and extension set
Enteral nutrition flow is too slow during gravity syringe feeding	Height of syringe is too low	Raise the height of the syringe
Enteral nutrition flow is too fast during syringe gravity feeding	Height of syringe is too high	Lower height of syringe

**If you have questions, talk to your doctor or healthcare professional. For more information, or to report a problem with RELiZORB, visit [www.relizorb.com](http://www.relizorb.com) or call 1-844-632-9271**

**Reference 1.** ENFit® Cleaning Procedures. GEDSA; 2018. Accessed January 2, 2025. <https://stayconnected.org/enfit-cleaning-procedures-all-tubes/>



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